

WINS Launches Online Course about Sports, NFE and Social Inclusion

"WINS: Winning in Non Formal Education and Sports" was a 2 year project, financed by the Erasmus+ program of the European Union, dedicated to the training and promotion of Sports and Non Formal Education as a tool to fight social exclusion and bullying. To achieve its goal, the project was divided in 3 moments of training: virtual campus (moodle), presencial training in Amarante and presencial training in Badalona. Focusing on the Virtual Campus / Moodle / Online training, we can share with you that all of it was planned, developed and implemented by the partners involved in the project. In the initial part we decided which topics and who should work on what according to each other's capabilities. It came out with following topics: Presentation of the project; Presentation of the NGO's; Non Formal Education and Sport; Good practices projects; Gender Balance in Sport; Diversity in Sport / Sport for all; How to create a physical activity or commentary project; Values in Sport and Non Formal Education; Leading through Sports in Non Formal Education; Growing Up the groups / methodologies; Growing up the tea through sport; How to create a sport journey; The cultural diversity in sport; Evaluation.

During the duration of the project, each country had 10 participants, making a total of 30 participants that were attending the online course and exploring the contents that we were preparing and uploading. These 30 youngsters were sports lovers/trainers that felt the need and want to learn more about the topics and improve their capabilities to work with people from different backgrounds, using sports and NFE to achieve their goals.

Summarising, we can share with you all that the results were better than expected on a general level and that we feel that our work had an impact on the life, not only of participants, but of everyone that somehow got involved.



